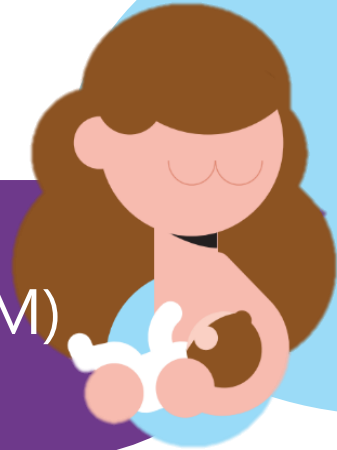


Background

Research consistently highlights that early access to MBM significantly improves neonatal outcomes for preterm babies in terms of morbidity and mortality. In February 2022, only 37.5% of babies born under 34 weeks in LTHT received MBM within 24 hours of birth, with no babies receiving MBM within 2 or 6 hours of birth.



Improving access to early maternal breast milk (MBM) for infants <34 weeks

Authors: Lizzie Kilburn, Gemma Miller, Victoria Tricklebank and Dr Emily Shaw

Methods

- The creation of a multidisciplinary team (MDT) with an allocated lead Neonatal Nurse, Specialist Preterm Midwives, Neonatologist and Obstetrician.
- Practical expressing support provided by the Specialist Preterm Midwives and Maternity Support Worker
- Increased staff education
- Update to infant feeding guidelines
- Monthly review of missed cases of highlight opportunities for learning

In November 2023, **every** baby born under 34 weeks received MBM within 24 hours, with 91% receiving MBM within 6 hours of birth

Results

